

## CoffeeSLENDER - instant coffee with slimming effect!

CoffeeSLENDER instant coffee is used like a regular coffee: you stir the powder in boiling water. CoffeeSLENDER contains the same amount of coffee (approximately 60 mg) as normal instant coffee. CoffeeSLENDER instant coffee is available in portion sticks.

### Wonderful, aromatic coffee in 1-2-3!

CoffeeSlender is a combination of both Arabica and Robusta beans. The beans provide a rich aromatic coffee filled with taste. The active ingredient is obtained from the coffee bean Arabica that is grown in the mountains in South-East Ethiopia.

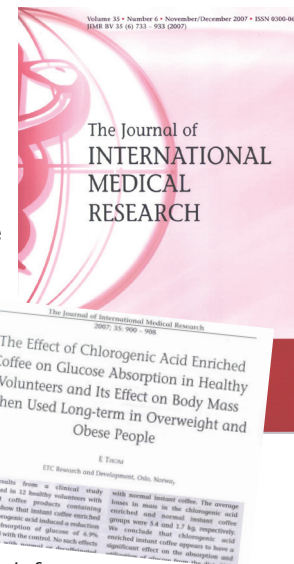


## CLINICALLY PROVEN Reduces blood sugar and is a powerful antioxidant.

An open pilot study on our coffee extract was done in 2002 at the University of Maine, USA. The dosage tested contains the same amounts of chlorogenic acid as in three cups of CoffeeSLENDER.

For 60 % of the participants their blood sugar level was reduced by 50 %. A reduction in blood sugar means less insulin and less fat is stored in the body.

Since chlorogenic acid has the ability to reduce blood sugar levels effectively, it will also impact the weight. Our special green coffee bean extract is standardized to contain a minimum of 45 % chlorogenic acid that has proved to reduce blood sugar levels and as a consequence also reduce the storage of fat in the fat cells. It is also a powerful antioxidant, which explains the preventive effects coffee has with regards to many illnesses.



The results were published in the Journal of International Medical Research in 2007.

## CONTACT INFORMATION

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# Coffee SLENDER®

"Do you want to know  
how I keep my weight  
stable?"

*Mona Grudt*  
Mona Grudt, Miss Universe 1990



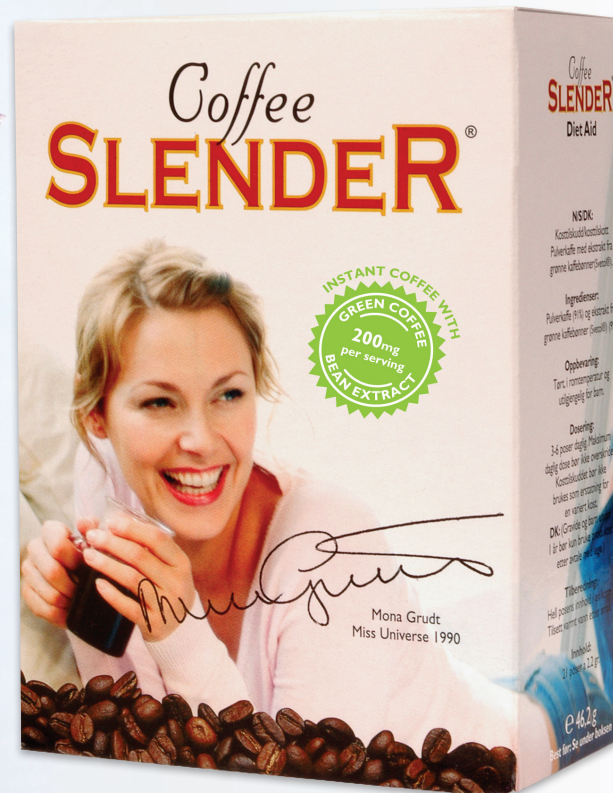


**“I drink more than three cups of coffee a day so I might as well drink a coffee that will help me keep my weight in check.”**



Mona Grudt, Miss Universe 1990

**Lose weight with  
CoffeeSLENDER!**



#### Diet success

CoffeeSLENDER is one of the largest dieting successes in Norway. Many thousand Norwegians have lost weight and even more maintain their ideal weight with this unique product.

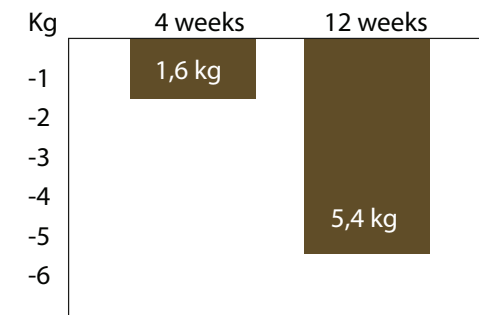
#### Norwegian developed

CoffeeSLENDER is a Norwegian developed food supplement that contains an extract obtained from fresh coffee beans. This extract prevents carbohydrates from turning into fat. As a result the carbohydrates will not be stored in your body. The coffee bean also contains special ingredients that may help stabilize blood sugar levels and reduce weight. Coffee is our best source of antioxidants. CoffeeSLENDER contains extra antioxidants.

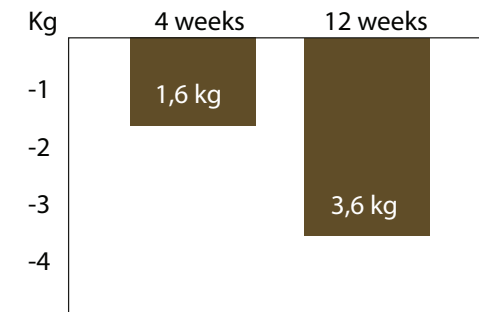
#### Our study shows that CoffeeSLENDER works!

A double blind study published in the Journal of International Medical Research in 2007 shows that those participants that received CoffeeSLENDER on average lost 5,4 kg after 12 weeks.

#### Weight reduction with CoffeeSLENDER



#### Fat reduction with CoffeeSLENDER



Average clinical study results.